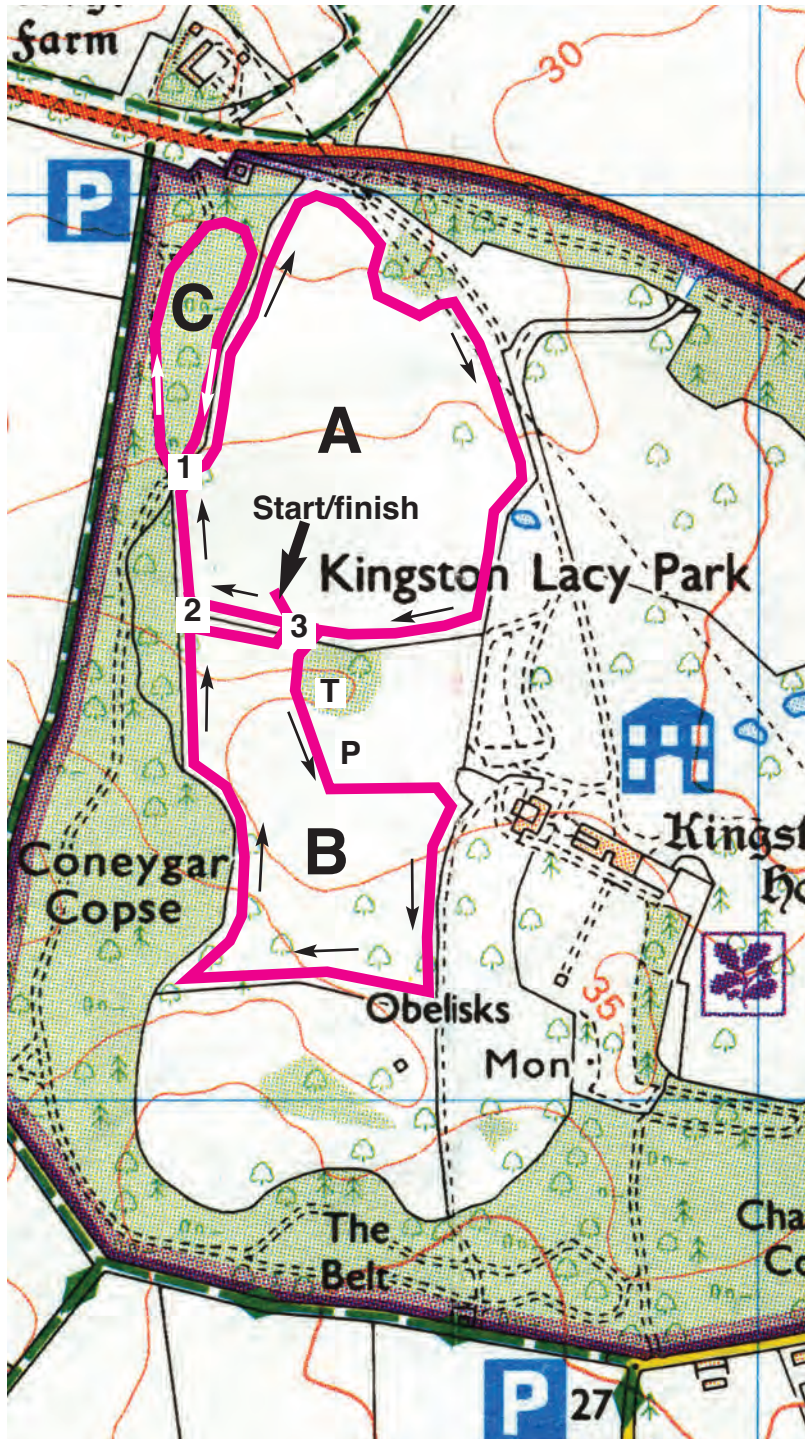


# RACE SCHEDULE



**12.00 – 4.6k – all under-17s, under-20 women, all Senior Women**  
LOOP A, LOOP B, LOOP A

**12.00 – 9.0k – under-20 men, all Senior Men**  
LOOP A, LOOP B x 3  
On final lap only turn right as you approach gate 2 to gate 3 and finish

**12.50 – 1.6k – Under-11s**  
LOOP A

**13.00 – 3k – under-13s**  
LOOP A, LOOP B  
turn as you approach gate 2 to gate 3 to finish

**13.10 – 3.7k – under-15s**  
LOOP A (including LOOP C clockwise), then LOOP B,  
turn as you approach gate 2 to gate 3 to finish

LOOP A – 1.6K, LOOP B – 1.4K, LOOP C – 0.7K (to be run clockwise)

Nos. 1, 2 and 3 indicate 5 bar gates that will need to be open/unlocked.

Runners on their final lap only of Loop B turn right as the approach gate 2 and then go through gate 3 to finish line.

*At all other times runners go straight on through gate 2.*

P = PARKING      T = TOILETS